

KIDS MENU

Smaller portions, same big flavor! Available for all ages.

MADE-TO-ORDER DELI

Turkey and Cheddar Sandwich \$3.99

Roasted turkey breast, cheddar cheese, and mayonnaise on Neighborhood Wheat Bread



Ham and Swiss Sandwich \$3.99

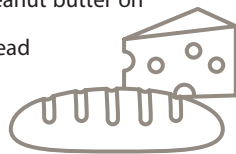
Fire roasted ham, Swiss cheese, and mayonnaise on neighborhood Wheat Bread

Peanut Butter and Jelly Sandwich \$1.99

Organic fruit spread and peanut butter on Neighborhood Wheat Bread

Peanut Butter and Honey Sandwich \$1.99

Wildflower honey and peanut butter on Neighborhood Wheat Bread



HOT BAR

Chicken Meal \$3.49



Two roasted chicken legs and a side of roasted potatoes

Rice and Beans \$2.49

Organic brown rice and Cuban black (or pinto) beans

SIDES

Organic Applesauce \$.99



4 oz cup

Carrot Stick Snack Cup \$1.49

carrot sticks and all-natural ranch dressing



Not Just For kids!



1815 W. Main St., Carbondale, IL 62901 • P: 618.529.3533 • www.neighborhood.coop